

INSA MEN'S RULES

General

- Unless a rule is otherwise outlined below, INSA has adopted and resolves to follow FIFA rules when applicable.
- Each player must agree to the Player Code of Conduct ("Code") upon registration with a team. Any violation of the Code that is observed or reported to another player, a team captain, or an INSA board member will be subject to suspension upon review by the judicial chair.
- All players must hold current US Club Soccer membership and be registered to play in the INSA Men's Division.
 - Any team captain that fields an unregistered player will be suspended upon review by the judicial chair.
- Team captains will be held to a higher standard of conduct, accepting more responsibility in accordance with INSA rules, than regular players. In the instance that a team cumulatively incurs rule violations or other reports of misconduct, the captain will be subject to review by the division commissioner and judicial chair, with input from other team captains in the division.
- All players must be 18 years or older before the first game.
- Each game will consist of two (2) forty-five (45) minute halves, unless otherwise agreed upon by the captains before the start of the game.
- A minimum of seven (7) players are needed on each team to start a game, and seven (7) players on each team must finish the game or that team will forfeit their game.
- In the instance that a team needs to cancel or reschedule a game, the captain must do so at least 24 hours before the scheduled game time.
 - If a team does not show up to the scheduled game and fails to provide any notification, that team will be responsible for the field reservation and referee fees.
- The rule for substitutions is the same as FIFA, except the number of substitutions shall be unlimited.
- Slide tackling is allowed in the Men's Division.
- All players are required to wear shin guards and jerseys with numbers, according to the roster.
- All captains are required to wear the provided captain band for the duration of each game.
 - In the instance that a captain cannot attend a game, the captain shall designate another player to act as the captain for that particular game.

- Captains shall provide a current roster to the referee prior to the beginning of EACH game for verification. A captain may use a printed roster or an electronic version, although a paper copy is preferred.
 - In the instance that a captain cannot attend a game or anticipates being late, the captain shall designate another player to provide a roster to the referee. It may be in the captain's best interest to email the roster to the entire team so that they are prepared in the event that the captain is absent.
 - If a roster is not provided, the game will not be played and the opposing team will automatically receive three (3) points for a win.
- Rosters shall be limited to 22 players maximum and the roster MUST include each player's number.
- In the first game they intend to play, all players shall present a government issued photo ID to the association representative, which will be used to verify legal name, date of birth, and accurate photo to be matched to the roster provided. For every game after, players may use the roster as their "player card" for proof that they are registered for that team and eligible to play.

Format

- Men's Open will have two divisions: Men's Premier (Division 1) and Men's Championship (Division 2).
- The regular season will be 6 games, each team will play every other team once. Every team makes playoffs; the regular season first place team gets a bye.
- Men's Open will be a promotion/relegation league. Based on regular season standings (not playoffs), the last place team from Division 1 will be relegated to Division 2 for the summer/fall session. The first place team from Division 2 will be promoted to Division 1.
 - If a team withdraws after the session has been completed, INSA will re-align the divisions and competition format for the following session.
- Any new team joining Men's Open will be evaluated by the commissioner(s) and/or other INSA officials for placement in one of the two divisions prior to the beginning of the session.
- Players currently registered with a team are not permitted to guest play with any other team, except for goalkeepers.
 - Also, except for franchise teams that have a team in each division. Players from the franchise's Division 2 team only can play for the franchise's Division 1 team. This exception does not go the other way: players from the franchise's Division 1 team are not permitted to play for the franchise's Division 2 team.

- If a Division 2 player plays for any other team that is not their franchise team, they will receive a one game suspension. This suspension will not be eligible for appeal.
- Teams may use a player pass for players that the team is considering adding to the roster, but who have not yet been registered. A player may use a player pass for up to 3 games. After this time, if the player will continue to play, they must register for the remainder of the session. Player passes are available on the INSA website under "Store".
 - The pass or a receipt for the pass shall be sent to the Men's Commissioner(s) AND the opposing team's captain at least one (1) hour before the scheduled game time. Guest player passes must be approved by the commissioner(s).
 - A team in violation of this rule, will have three (3) points deducted.
- RE Playoff Games:
 - To be eligible for a playoff game, players must play in at least two (2) regular season games with the team going to playoffs.
 - In the instance of a tie at the end of the game's full-time, teams should immediately proceed to a penalty kick shootout to determine the winner. There shall be no overtime play.

Red Cards and Appeals

- Any direct red card presented to a player shall result in a minimum two (2) game suspension from all INSA Divisions for that player, added to the remainder of the game in which the red card was presented. However, if a player receives a red card as a result of two (2) yellow cards in one game, they shall be suspended from all INSA Divisions for the next game only, in addition to the remainder of the game in which the player was presented with the second yellow card.
 - The team captain of the player that received the red card is responsible for making the Men's Commissioner aware of what happened as soon as the game is over.
- Upon review of ANY offense, the league may impose additional game suspensions to the previous one or two game suspension described above. For example, fighting or any other similar violent act will most likely result in additional games suspension, or even permanent disqualification from participation in the league.
 - Foul, abusive, or provocative language towards a ref that warrants a red card results in a five (5) game suspension of play from all INSA Divisions. Any repost of violent physical contact with a referee results in a lifetime ban from all INSA Divisions, effective immediately.

- If a player receives a red card and does not leave the fields immediately following, the player will receive a five (5) game suspension from all INSA Divisions.
- Any player issued a red card may appeal the game suspensions that accompany the card. To begin the process, the player must email the judicial chair at: judicial@inlandnorthwestsoccer.com. The judicial chair, after gathering reports and witness statements, will determine the seriousness of the offense based on the circumstances surrounding the red card. If able on their own, the judicial chair will make a ruling on the suspensions within five (5) business days.
 - If there are significant conflicting factors (i.e., contradictory statements, conflicts of interest), the judicial chair shall gather a three (3) person committee of board members and commissioners to review and make a ruling within five (5) business days.
- Any suspension issued to a player as a result of receiving a red card shall carry over between seasons in the instance that the allotted suspension was not completed prior to the season ending.
- If any suspension is not honored, in other words, if a suspended player plays in a game, that player AND their team captain shall be additionally suspended upon review by the judicial chair.
- **RE Unregistered Players:** Should an unregistered player happen to play in a game and receive a red card warranting a suspension, the team captain shall be held responsible by being suspended in the unregistered player's place. This type of suspension is not up for appeal.

Unidentified Player Misconduct

- In the instance that fighting and/or other aggressive or violent conduct is caused by an unidentified or unknown player, the captain must identify the player within three (3) business days of the game. This rule stands regardless of whether a card was issued. If the captain is unable to identify the player or refuses to do so, the captain shall be responsible for the offense, receiving a two (2) game suspension as if they received a red card.
- As stated previously, upon review of ANY offense, the league may impose additional game suspensions, fines, or other fitting punishment.
- If a captain or a later-identified player receives a punishment under this rule, it is not appealable.